

## MONDAY

### Crispy Chicken Salad

*Shredded chicken, lettuce, grated carrot, cucumber, crispy noodles and mayonnaise*

**Snack:** Blueberry muffin

**V:** Broccoli bites

**GF:** Kumara rosti

**GF/DF snack:** GF/DF cookie



## TUESDAY

### Hummus Wrap<sup>(V,DF)</sup>

*Hummus, lettuce, grated carrot, cucumber and ranch dressing in a wholegrain wrap*

**Snack:** Fruit yoghurt

**GF:** GF tortilla

**DF snack:** Orange slices

## WEDNESDAY

### Pulled Pork Taco<sup>(DF)</sup>

*Pulled pork, lettuce, grated carrot, cucumber, mayonnaise and korean BBQ sauce in a wholemeal tortilla wrap*

**Snack:** Fresh apple

**V:** Kumara rosti

**GF:** GF wrap

## THURSDAY

### Beef & Cheese Sandwich

*Roast beef, cheese, lettuce and onion relish in between slices of Oatlicious bread*

**Snack:** Orange wedges

**V:** Crumbled falafel

**H:** Shredded chicken

**GF:** GF bread

**DF:** No cheese



## FRIDAY

### Coronation Chicken Roll<sup>(DF)</sup>

*Shredded chicken, garden mix, grated carrot, cucumber and aioli in an Oatlicious long roll*

**Snack:** Pear

**V:** Kumara rosti

**GF:** GF bread

V-Vegetarian. GF-Gluten Free. DF-Dairy Free. H-Halal. Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free, vegetarian or dairy free options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.